



# Transition Planning and Services



Chappaqua Central School District  
Department of Special Education &  
The Arc Westchester



# Presenter

## **Jacie Feuer, Transition Services Director**

Jacie has worked with individuals with intellectual and developmental disabilities since 2012. Jacie assumed her current role September 2019 and has been part of the Employment Services staff since 2016. As the Transition Services Director, Jacie works closely with Westchester County high schools' special education personnel and other community-based organizations to identify and assist students during their transition years. She is also involved in the partnership with Project SEARCH Autism Enhancement and the Arc's Employment Training Program. Prior to joining The Arc Westchester, she was a Coordinator at a sensory gym and provided in-home ABA plans. She received a BA in Applied Psychology, with honors, from Pace University in 2013.



# Presentation Overview:

- The Arc Westchester
- Partnership with CCSD Department of Special Education
- Transition Planning Timeline & Services
- Meeting Series – What's to Come

Note: Presentation slides will be shared via email. The resources Transition Planning Checklist & Independent Living Skills will also be provided by email after this presentation.

# The Arc Westchester

Established in **1949** We are the largest agency in Westchester County supporting children, teens and adults with intellectual and developmental disabilities, including individuals on the autism spectrum, and their families. Over 800 employees provide more than **2,000 individuals** with a range of innovative and effective programs and services designed to foster independence, productivity and participation in community life.



Through Medicaid Waiver funding, we offer a broad range of programs & services including:

- Preschool/Early Intervention
- Residential Services
- Site-Based and Without Wall Day Programs
- Clinical and Behavioral Services
- Vocational & Employment Support Services
- Recreation & Respite
- Community Habilitation







# Experience and Expertise

- Resources and relationships throughout Westchester county including,
  - Over 200 employers in the community
  - Services offered by similar Non-for-profit organizations in Westchester county
  - Representatives from OPWDD's local branch
- Adult service navigation and referral based on individual need
- UNC-TEACCH
- OPWDD Front Door process
- ACCES-VR Authorization process



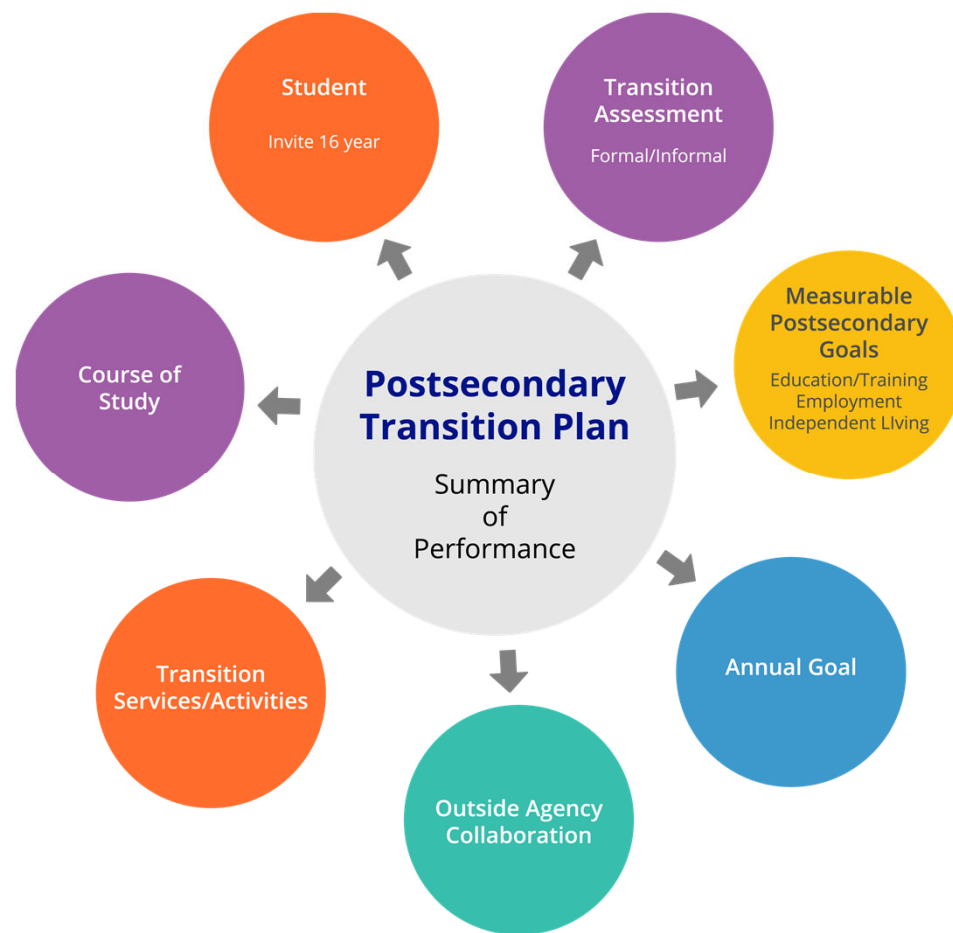
The Arc Westchester and CCSD Department of Special Education continue their partnership for a second year to assist district staff, transition-aged students, and their families in transition planning.



# Transition Planning

Transition planning is a process to help students with an Individualized Education Program (IEP) decide what they want to do after high school & how to get there.

The purpose is to help teens prepare to be independent young adults.





# Transition Planning Cont.

Planning for the transition from high school to young adulthood is different for each student.

- Student's experience, interests, and goals
- Level of Independence
- Stamina
- Medical and/or Behavioral Support Needs
- Funding Stream
- Transportation



# Opportunities After High School

- Prevocational Services
  - Community Involvement
  - Recreation & Respite Services
  - Site-Based Day Habilitation
  - Day Habilitation Without Walls
  - Community Habilitation
  - Supported Employment
    - Vocational Training
  - College Based Transition Programs
  - Inclusive Higher Education
  - Residential Transition Programs
- And more

# The Importance of Transition Planning



- Does the student meet the eligibility criteria for the program/service?
  - Stamina
  - Ratios
  - Independence
  - communication
- What are the program/service expectations?
- Do organizations in our area have openings?
- What is the application process?
- What can the student do now to help them build skills needed for their future?

# Transition Planning Timeline

Recommended Age to <u>Initiate</u> Item & Access Related Supports or Services:	15 y/o	16-17 y/o	18-19 y/o <small>Or two-years prior to exiting</small>	20-21 y/o <small>Or one-year prior to exiting</small>	21+ y/o <small>Or after exiting</small>
IEP includes Pathway to Graduation, Transition Goals and Services	✓				
Apply for OPWDD Eligibility	✓	✓	✓		
Recreation & Respite Services	✓	✓	✓	✓	✓
Go Through OPWDD's Front Door <i>(1-2-year process)</i>		✓	✓	✓	
Consider Supported Decision Making or Guardianship Options		✓	✓	✓	
ACCES-VR Pre-ETS		✓	✓	✓	
Attend Transition Events, Fairs & Webinars			✓	✓	✓
Obtain Adult Service Authorizations				✓	✓
Tour & Apply to Adult Programs				✓	✓
Apply to ACCES-VR <i>(If pursuing employment)</i>				✓	✓
Access Adult Services					✓

# Adult Services

Service:	Schedule:	Ratio:	Daily Living Skills (eating, toileting, bathing, dressing etc.)	Funding:
<b>Community Habilitation</b>	Determined by family and provider	1:1	Independent, with prompts or with support	Medicaid Waiver or OPWDD Eligibility
<b>Recreation &amp; Respite</b>	Varies	Group, 4:1 or 5:1	Independent or with prompts	Medicaid Waiver or OPWDD Eligibility, Direct-Pay depending on organization
<b>Site-Based Day Programs</b>	6-hrs, Monday - Friday	Group, 4:1 or 5:1 *possibility for smaller ratio	Independent, with prompts or with support	Medicaid Waiver
<b>Community-Based (Without Walls) Day Programs</b>	6-hrs, Monday - Friday	Group, 4:1 or 5:1	Independent	Medicaid Waiver
<b>Prevocational Services</b>	Varies	Varies	Independent	Medicaid Waiver
<b>Supported Employment</b>	Determined by Employer	Independent	Independent	ACCES-VR and Medicaid Waiver

# Monthly Information Meeting Series

Each month explores a topic meaningful to transition planning

## **When are the monthly meetings?**

The 3rd Wednesday of the month from 11:30 AM - 12:30 PM \*Zoom registration required; same [registration link](#) is used for all meetings in the series

## **Who should attend?**

Self-advocates, parents/guardians, school counselors, teachers, and other district personnel involved in transition planning for students.

## **Who would benefit?**

Whether you are new to the transition planning process, familiar, or well-versed, everyone will benefit by joining the monthly information meetings.



# Next Month

**Wednesday, December 15, 2021**

11:30 AM -12:30 PM

Topic: Office for People With  
Developmental Disabilities  
(**OPWDD**) and Care Coordination  
Organizations (**CCOs**)

Click [\*\*HERE\*\*](#) to Register

# Other Topics in the Series

- **1/19/22**, Adult Day Services
- **3/16/22**, Prevocational Services & Pre-employment Planning
- **4/20/22**, ACCES-VR and Supported Employment
- **5/18/22**, Inclusive Higher Education, College-Based and non-College-Based Transition Programs
- **6/15/22**, Summer Routines and Maintaining Skills

Click [\*\*HERE\*\*](#) for topic descriptions



# Thank You

**Jacie Feuer**

*Transition Services Director*

The Arc Westchester

General Contact Information:

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[www.arcwestchester.org](http://www.arcwestchester.org)