

# Postsecondary & College Transition Programs

Chappaqua Central School District's  
Special Education Department  
&  
The Arc Westchester

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# May 12, 2021 Presentation Overview



## Postsecondary & College Transition Programs:



College-Based and Community-Based Transition Programs



Terms: TPSID & CTP



Conducting College Search & Questions to Ask



THINK College



Transition and Postsecondary Opportunities



Questions

Note: Presentation slides will be shared via email.

# Two Basic Categories of Transition Programs

Lesley University describes the two basic categories of transition programs

- College-Based
- Community-Based

The kind of transition program you choose can affect the sources of funding you have available.



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# College- Based Transition Programs

- These programs are typically 2–4 years long
- May or may not result in a college degree.
- Many include a residential component, employment training, and independent living and social skills training. Other programs strictly focus on earning a college degree.
- Students in college-based transition programs are students of the college and university.

One type of college-based transition program is the Comprehensive Transition and Post-Secondary (CTP) program. These newer programs have resulted from the passage of The Higher Education Opportunities Act of 2008 (HEOA).

# Sample College-Based Transition Program Components



InclusiveU

## InclusiveU Transition Program

InclusiveU provides a specialized transition program for students with intellectual and developmental disabilities. Costs are based on your path of entry into InclusiveU. No matter how you join us, InclusiveU allows you to participate in campus life, internships, social activities, and a college certificate with an individualized curriculum according to your interests.

### Key Program Components:

- Transition-Specific Planning Process
- Inclusive Coursework of 1-3 Classes
- Extended Learning Opportunities
- Integrated Employment Preparation
- Social Support, Campus Mentors & Residential Mentors

# Sample College- Based Transition Program Admission Requirements



**THE COLLEGE EXPERIENCE**  
Skills. Choices. Independence.

## The College Experience at The College of Saint Rose

- ✓ Commitment to live independently with minimal support.
  - Ability to be at home without supervision.
  - Some experience of being independent in the community.
- ✓ Motivated to integrate by participating in a variety of social and educational activities
- ✓ Ability to independently complete all daily living tasks (e.g., Waking up, hygiene, dressing, chores, etc.)
- ✓ Motivated to learn, participate and complete assignments
- ✓ Ability to get along with others, follow house and school rules, accept supervision and does not require behavioral support.
- ✓ Ability to use a calculator to do basic math.
- ✓ Ability to read at a minimum of a third-grade level.
- ✓ Ability to type a document on Microsoft Word, experience using search engines (Google)

# Community- Based Transition Programs

- These programs vary in length, most are tailored to the goals and needs of each student
- These programs for-profit or not-for-profit entities that operate out of an apartment complex or college-like campus.
- This kind of program is ideal for students who are focusing on expanding social, vocational and life skills. Some of these programs also partner with local college or universities to attend college courses either for credit or audit.

*As these programs are not a part of a university, they don't have oversight from the university, or the state or federal education departments.*



## [CIP Berkshire Lee, Massachusetts](#)

CIP Berkshire is a specialized transition program in Lee, Massachusetts assisting young adults on the Autism Spectrum, ADHD, and other learning differences to find success in college, employment, and independent living



1:2 STAFF-STUDENT RATIO



130 SOCIAL ACTIVITIES  
ANNUALLY



20-30 HOURS OF  
SERVICE WEEKLY



3.0 CUMULATIVE GPA



91% PARENT  
SATISFACTION RATING



90% AVERAGE STUDENT  
ATTENDANCE RATES



20 HOURS COMMUNITY SERVICE  
PER STUDENT



CIP BERKSHIRE  
35 YEARS IN OPERATION



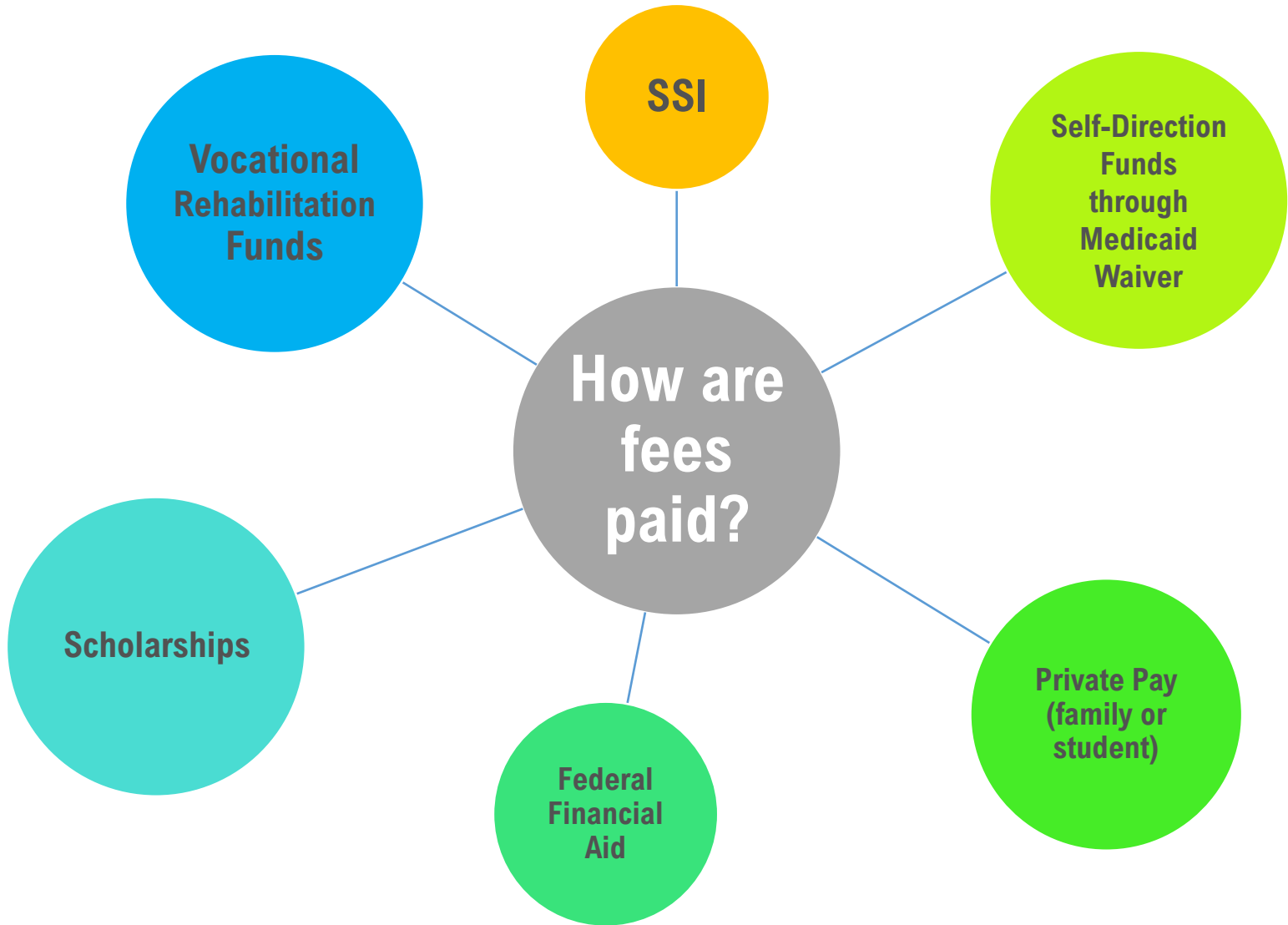
# Sample Community- Based Transition Program Admission Requirements



## CIP Berkshire

*specialized transition program in Lee, Massachusetts assisting young adults on the Autism Spectrum, ADHD, and other learning differences to find success in college, employment, and independent living*

- ✓ Ages 18 to 26 years old
- ✓ High level of motivation to meet program goals
- ✓ Low average to high intelligence
- ✓ Potential to live and attend college or career program independently
- ✓ Documented diagnosis of High-Functioning Autism, PDD-NOS, ADHD, NLD, Dyslexia or other Learning Differences
- ✓ Emotional, behavioral, and psychological stability



Some Transition Programs (college or community-based) are both a TPSID and CTP. Other programs may be a TPSID **or** a CTP and some programs don't have either. TPSID or CTP are not a requirement.

Higher Education Opportunity Act (2008)

**HEOA**



Transition and Postsecondary Programs for  
Students with Intellectual Disabilities

**TPSID**

=

Model demonstration program

Comprehensive Transition  
and Postsecondary Programs

**CTP**

=

Federal financial aid

# Knowing if a program is a TPSID or CTP may be important to you if you are considering federal financial aid and/or oversight from the state or federal education departments

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## Transition Postsecondary Education Program for Students with Intellectual Disability,

or **TPSID**, is a term that is used to describe a group of programs that are **funded by a federal grant**. The projects receive federal funding for 5 years to help them develop and improve college programs.

There are currently 25 funded projects around the country. Think College serves as the National Coordinating Center for the TPSID. [Learn more about TPSID.](#)

## College Based Transition Program

**CTP** Programs are designed to support students with intellectual disabilities who want to continue academic, career, and independent living instruction to prepare for gainful employment.

Programs that are approved as CTP programs can offer **federal student aid to eligible students** with intellectual disabilities. **Students do not have to have a standard high school diploma or GED or be pursuing a degree to be eligible.** However, they do need to meet financial need requirements.



# Conducting a College Search... Items to Consider:

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**Length of the program:** length ranges from one year to four years, and programs can be at 2-year colleges or 4-year colleges.

**Level of inclusion:** some programs are fully inclusive; in others students spend some or most of the time with other students with ID.

**Residential options:** some programs offer this option. Others do not. Sometimes the housing is on campus; sometimes it's off campus.

**Focus or priority of the program:** some programs focus more on employment, while others might focus on academics, or independent living skills.

**Size:** some programs have only a few students attending, while others may have dozens or even hundreds of students with ID in attendance.

**Student age:** some programs are college-based transition services, meaning that they serve students who are still in high school, others serve those who have left high school, and some serve both groups.

Family  
Resources



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**What is Think  
College?**

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# College and Postsecondary Programs

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Additional college-based and community-based  
transition programs





## **Two-Year Transition Program** **Berkshire Hills Music Academy** *(not an accredited institution of higher education)*

### **WHO WE ARE**

#### **Life Skills, Vocation, Music & Arts**

Berkshire Hills Music Academy is a unique college-like program for young adults with intellectual and developmental disabilities who are looking to expand their social, vocational, and life skills in a music-infused environment.

The Two-Year Transition Program allows us to get to know each student and establish a baseline of their skill sets. Our staff members support individuals as they learn to live with greater independence, and use observation, data collection, and assessment to monitor their progress. During this time, we are able to identify strengths and opportunities for growth, helping to chart their path forward.

- Ages 18-30
- Day or residential
- Functionally based academics
- Social, vocational, and life skills classes
- Private music lessons and ensembles
- Structured schedule combines core classes & experiential learning

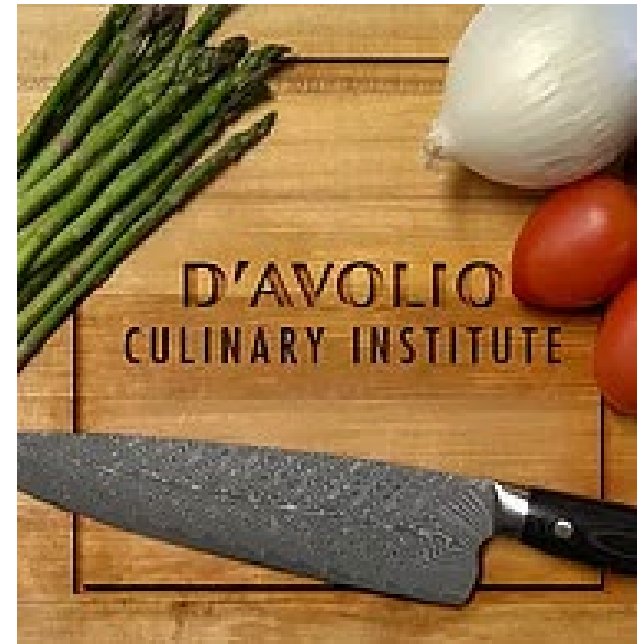


# D'Avolio Culinary Institute

Technical Vocational Trade School  
Buffalo, NY

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- D'Avolio Culinary Institute believes that every student in Culinary Arts deserves an environment to become learners who develop entry level skills including: knowledge, creativity and ethical values necessary in the rapidly changing, culturally diverse culinary, restaurant and catering professions. Overall, the intent of the program is to have experienced industry professionals impart their knowledge, passion, and technical acumen to the students.
- Culinary Principles Plus Internship – 625 Hours
- This program is designed for the adult learner whose goal is to work as a cook or chef in a restaurant, college/university or high end food service setting. The focus is on fine dining food made from scratch.



# Career and Community Studies Program (CCS)

The College of New Jersey  
Ewing, NJ

**TCNJ** THE COLLEGE OF  
NEW JERSEY

Career & Community Studies (CCS) is a TCNJ college-based program for youth with intellectual disabilities ages **18-25**. Our CCS students are admitted to the college within a specialized course of study for the purposes of completing a four-year liberal learning college experience with a focused outcome on career and employment.

CCS student life program fosters **development of independent living, community and social skills**. Students participate in structure activities that tie into student life curriculum including health and fitness, cooking/house organization, group dynamics, time management.

- **Vocation Development:** consists of course based instruction, on-campus practicum experiences and a community based internship.

Students will reside with peers and a CCS Student life mentor in a home contiguous or within walking distance to campus.



# Turning Point Program

Bergen Community College  
Paramus, NJ.



Turning Point Program experience for young adults with intellectual disability interested in academic, vocational and social enrichment.

Turning Point students participate in 260 hours of work-based learning which includes a rotation of on-campus internships during year one and an off-campus internship in year two that is chosen based on each individual's career pathway specialization.

*The Turning Point Program is a non-degree program*

The Turning Point Program supports competitive integrated employment as a goal for each student participant.

# Vocational Independence Program (VIP)

College of Mount Saint Vincent

Riverdale, NY.



COLLEGE OF  
MOUNT SAINT VINCENT

- The Vocational Independence Program at the College of Mount Saint Vincent (CMSV-VIP) offers students with learning differences a unique college experience, combining community and campus inclusion with rich engagement in academics, career preparation, and student life. At the College, VIP is expanded to encompass not only vocational preparation but also campus and community inclusion, and opportunities for participation in campus life for every student.
- The CMSV-VIP curriculum seeks to foster students' **self-advocacy, career exploration, social skills, and academic engagement**, through participation in traditional college-level courses, the VIP curriculum, diverse internship experiences, experiential learning opportunities, and residential student life. The CMSV-VIP program prepares students for successful post-graduate lives with as they continue on with college-level academics and/or prepare to enter the world of work.



The next group information meeting is scheduled for:  
**Wednesday, June 9<sup>th</sup> 11:30 AM – 12:30 PM**

**Topic: Summer Routines & Maintaining Skills**

We will review strategies for maintaining skills over the summer including different types of schedules and routines.

Register in advance for this meeting:

<https://zoom.us/meeting/register/tJUtdu6srzMjGdTaoxoGGqvs1y11-03F4U-8>

**General Contact Information:**

914-949-9300 or

914-428-8330

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***Achieve with us.***®