



# May 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b>Special News</b> <b>All Lunches Must Include Choice of:</b> Fruits and/or 100% Fruit Juice <b>and/or</b> Vegetables <b>And May Include</b> Skim, 1% Low-Fat Milk, or Skim Chocolate Milk <i>*Hormone Free*</i> <i>*No High Fructose Corn Syrup*</i> <b>Entrée Salad</b> Salad, Protein & Fruit <b>Pizza</b> Plain or Assorted <b>Deli Station</b> Assorted All Natural Boars Head Meats, Assorted Cheeses & toppings Served on assorted bread, rolls & wraps <b>\$3.50</b> <b>Grill Station</b> <b>Monday</b> Coleman All Natural Hot Dog <b>Tuesday</b> Bell & Evans Chicken Patty Special <b>\$3.50</b> <b>Wednesday</b> Hamburger/Cheeseburger <b>Thursday</b> Bell & Evans Chicken Tenders Special <b>\$3.50</b> change <b>Friday</b> notice. Pizza Sticks or Fish Sticks
<b>Lunch Price</b> <b>Student - \$3.00</b> <b>Reduced -\$.25</b> <b>Adult \$3.50 + tax</b>	<b>**Need to add money to your Childs account</b>  *Log on to – <u><a href="http://MySchoolBucks.com">MySchoolBucks.com</a></u> <b>Or</b> *Pay by check or cash	<b>1</b> Barilla whole grain pasta Plain, marinara or Meat sauce Roasted Broccoli Fruit & veggie bar Hormone free milk	<b>2</b> Chicken Parmesan Penne Pasta with Marinara Roasted Butternut Squash Fruit & veggie bar Hormone free milk	<b>3</b> Cheese Tortellini with Alfredo Sauce Garlic Bread Sautéed Green Peas Fruit & Veggie bar Hormone Free Milk	
<b>6</b> <b>Twin Tacos</b> Seasoned Beef, nachos shredded lettuce, shredded Cheese, Golden Corn & Black Bean Salsa Hormone Free Milk	<b>7</b> <b>Burger Bar</b> Beef, Turkey or Veggie With your choice of toppings Baked Herbed Potato Wedges Fruit & veggie bar Hormone Free Milk	<b>8</b> Barilla whole grain pasta plain, marinara or Meatballs Garlic Bread Roasted Cauliflower Fruit & veggie bar Hormone Free Milk	<b>9</b> Homemade Beef Lasagna Garlic Bread Roasted Brussels sprouts Fruit & veggie bar Hormone Free Milk	<b>10</b> Grilled Cheese or Grilled Ham & Cheese Tomato Soup Sautéed Broccoli Fruit & Vegetable Bar Hormone Free Milk	
<b>13</b> Homemade Meatloaf Whipped Mashed Potatoes Beef Gravy Dinner Roll Sautéed Green Beans Fruit & veggie bar Hormone free milk	<b>14</b> BBQ Chicken Fresh Cornbread Vegetarian Baked Beans Chipotle Coleslaw Fruit & Veggie bar Hormone Free Milk	<b>15</b> Barilla whole grain pasta Plain, marinara or Meat sauce Roasted Broccoli Fruit & veggie bar Hormone free milk	<b>16</b> Chicken Fried Rice Chicken tossed in an Asian sauce and served over fried brown rice Steamed peas Veggie Egg Roll Fruit & veggie bar	<b>17</b> Plain Cheese or Pepperoni & Cheese Stromboli Baked Potato Wedges Fruit & Veggie Bar Hormone Free Milk	
<b>20</b> <b>Nacho Platter</b> Seasoned Beef, nachos Shredded lettuce, shredded Cheese, Golden Corn & Tomato Salsa Fruit & Veggie bar Hormone free milk	<b>21</b> BBQ Pulled Pork Sandwich Vegetarian Baked Beans Chipotle Coleslaw Fruit & Veggie Bar Hormone Free Milk	<b>22</b> Homemade Baked Ziti Garlic Bread Roasted Brussels sprouts Fruit & veggie bar Hormone Free Milk	<b>23</b> <b>Early Dismissal</b>  <b>NO LUNCH</b>	<b>24</b> <b>Memorial Day Recess</b> <b>School Closed</b>	
<b>27</b> <b>Memorial Day Recess</b> <b>School Closed</b>	<b>28</b> <b>Memorial Day Recess</b> <b>School Closed</b>	<b>29</b> Barilla whole grain pasta Plain, marinara or Meat sauce Sautéed Green Beans Fruit & veggie bar Hormone free milk	<b>30</b> Chicken or Cheese Quesadilla Cilantro Rice Golden Corn & Seasoned Black Beans Fruit & Veggie bar Hormone Free Milk	<b>31</b> <b>Burger Bar</b> Beef, Turkey or Veggie With your choice of toppings Baked Herbed Potato Wedges Fruit & veggie bar Hormone Free Milk	

## ROBERT E. BELL ~ SEVEN BRIDGES

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